

Who is Rick Griggs?

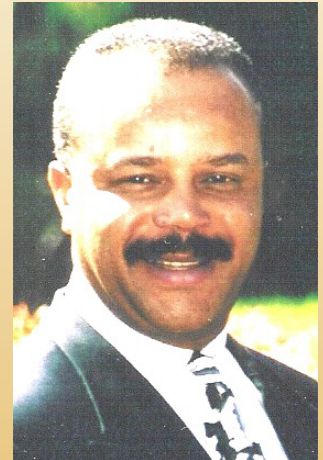
Rick Griggs presents *Balanced Mastery*™ through his training, speaking, and writing. He left Intel Corporation (TRAINING MANAGER) and started Griggs Achievement in 1983 to teach people how to approach mastery. In 1983 he started *Tantalus Books* to offer “best dweller” titles on how to excel in your career and still enjoy your life. His programs have been creating mastery for over two decades.

Rick holds Bachelor's Degrees in Psychology and French, and a Master's Degree in Business Behavior Analysis. He has held management positions at Fortune 500 companies such as National Semiconductor and Intel, and has consulted for IBM, Hewlett-Packard, Apple, the IRS, Lucasfilm, Visa, and other public and private firms. Rick earned lifetime teaching credentials in psychology and business management.

His U.S. clients include Lawrence Livermore National Laboratories, Stanford University, Lucent Technologies, Quaker Oats, Cisco Systems, Kaiser Permanente, Hewlett-Packard, IBM, and 8 City & County Governments.

Rick has consulted in France, England, Belgium, and Luxemburg for European firms such as Total (French gas & oil), Accenture Consulting (Europe), Banque Générale de Luxembourg, and Crédit Agricole. He speaks fluent French and some German.

Rick is an award-winning author (best self-improvement book-2005 BAIPA Awards) with seven books on *Teams*, *Balance*, *Optimism*, and *Quality*. His titles have been translated into Spanish, French, Chinese, Italian, and 'British' English.



Rick Griggs firmly believes that balance, optimism, and the 'Confidence of Napoleon,' revive the humanity in our home and work lives.

Rick Griggs

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